

Mold Zero's Health Q&A with
Dr. Clement Lee



DO YOU EXPERIENCE MYSTERIOUS HEALTH ISSUES?
CAN MOLD IN THE ENVIRONMENT BE HANDLED?

**GET YOUR QUESTIONS
ANSWERED**



www.moldzerollc.com

INTRODUCTION

Mold Zero has been very busy helping clients with mold issues during these last few rainy months. Our clients have been happy with our work, so we have included some recent testimonials below. Unfortunately, we do expect more rain on the way as springtime approaches. We are here to help you with your mold issues.

Because mold can cause a health issue for some, we thought we would take this opportunity to include in our newsletter the below Q&A with Dr. Clement Lee, who deals in mold and allergy issues for those unlucky people that have a sensitivity to mold. We hope the below information will be of help.

Q&A with Dr. Clement Lee, NMD **A mold and allergy doctor in Pasadena, CA**

Optimal Health and Wellness - 202 So Lake Ave, Ste 298 - Pasadena, CA 91101

P: (833) 307-0023

Dr. Clement Lee, NMD is a licensed Naturopathic Doctor in the State of California and is the founder of Optimal Health & Wellness in Pasadena, CA which has been in business now since 2009.



After obtaining his Bachelor of Sciences in Biological Sciences from the **University of California**-Irvine, Dr. Lee continued his passion for a natural health education in

Tempe, Arizona where he received his Doctorate of Naturopathic Medicine from the **Southwest College of Naturopathic Medicine (SCNM)**.



Dr. Lee provides help to patients of **chronic illness, allergies, mold issues, infections, general wellness, optimized performance, and more.** Dr. Lee refers people to Mold Zero. We thought we would interview him further in order to help others that have healthy issues in regard to mold.

(Read below to see what types of mold issues he runs into with patients and what you can do about it.)



What Interested you in helping people with mold issues?

Dr. Lee



Some people may not be getting better or have mysterious illnesses that are unexplainable.

I look for the underlying causes of the illness that can come from the environment in which the person lives. This is what is called Environmental Medicine. The problem can come from toxins, heavy metals, and mold which is another biotoxin that is a root cause of many people problems



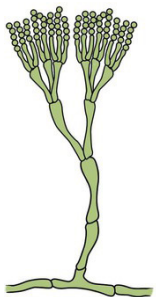
What are the most common mold and allergies you run into with your patients?

Dr. Lee

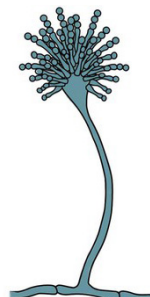


There are many types of mold, but the most common type we run into is black mold – otherwise known as **Stachybotrys**. When we find mold when testing, we suggest taking a look at one's house and where one lives. Respiratory issues, allergies, cancer and auto immune problems can arise.

Others include:



Penicillium can threaten those with weak or compromised immune systems, causing allergic reactions or infections. It can be caused by water damage in the home and in the food sources you eat.



Aspergillus A common type of fungus comes from multiple sources – water damage being one of them and is a common mold that lives indoors and outdoors. Most people breathe in *Aspergillus* spores every day without getting sick.

People with weakened immune systems or lung diseases are at a higher risk of developing health problems due to *Aspergillus*. The types of health problems caused by *Aspergillus* include allergic reactions, lung infections, and infections in other organs.



Moldy food –Mold can also come from common food sources like nuts, coffee, grains, cereal, coffee and corn. If they are stored and sit around for a long time in a wet area will grow mold.



Health issue – Mold can cause system wide issues like



brain fog,



colds,



allergy,



flu like symptoms,



digestive issues
such as IBS,



rashes,



food sensitivity,



hives,



infections,



and eczema.



How Dr. Lee can help

Dr. Lee



We help the body get to it's most optimum state in order to achieve long term health. If it is not addressed, it is harder to handle and takes longer for the body to heal. What you can do



1. Stay well hydrated. Detox mold and foods alone.



2. A detox program for clearance of mold from the body is done.



3. If mold is in the home – treat the source of exposure...then we see them and do lab testing to determine the results.

4. Treat the source of the mold exposure by calling Mold Zero to eliminate mold in your home with their advanced dry fog mold remediation process.



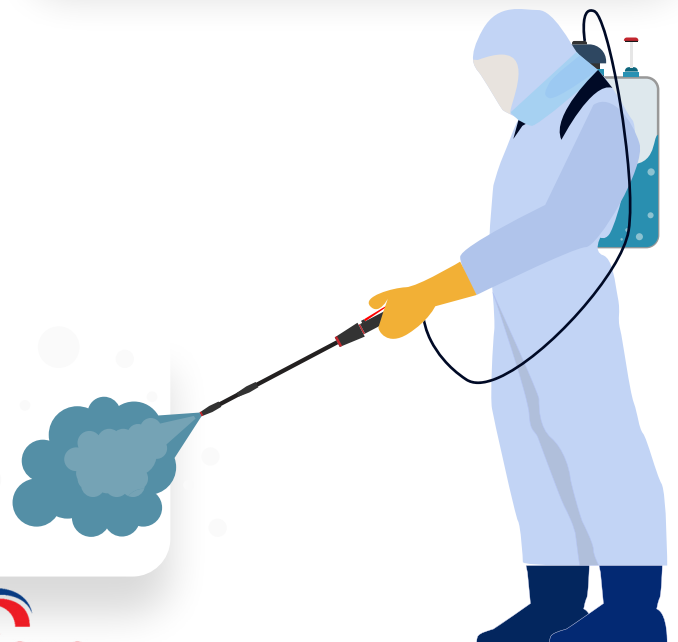
Why does mold exist? What is the purpose of mold?

Dr. Lee



Mold is designed to recycle the organic material in the environment. When life dies and is decomposing, mold basically recycles that life. That's a good thing.

However, when you are alive and wanting to live well and healthy, that is not what should take place. Since mold decomposes life, it can break down the body and illness is the result. You have to deal with mold if it affects you in order to live a healthy life.





Questions to ask yourself

Have you started to notice changes to your health, but cannot seem to pinpoint what may be causing them?

Do you wonder how your lifestyle and natural environmental factors may be impacting you in ways you have not anticipated?

Everything about the world around you can impact your health, and certain lifestyles may be more susceptible to negative impacts than others.

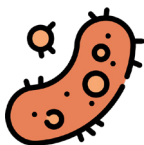
Environmental medicine allows for the effective testing and understanding about your personal levels of mold, metals, toxins and more.



What is Environmental Medicine



Environmental medicine is a branch of medicine to evaluate and monitor levels of potential harmful factors in the bloodstream. Multiple natural lifestyle events may cause exposure to things like:



MOLD



Metals



Chemical toxins



Toxins

These factors may affect the body and manifest themselves in different ways, such as:

Abdominal pain

Memory loss or brain fog

Behavioral changes

Nerve damage or complications

Bone weakness

Environmental medicine testing may help you better understand what is happening to your body as well as determine a path to wellness. **The person to help you with the physical issues you may be encountering is Dr. Clement Lee.** Learn about what he can do to help with the physical issues. **Mold Zero's effective handling of your home is how one can rid an area of dangerous mold.**



Why is Environmental Medicine Important ?

Measuring the levels of specific toxins or other factors in your body can help address other concerns, such as:



Aging



Cognition



Autoimmune diseases



Fertility



Chronic conditions



Memory issues

TO CONTACT DR CEMENT LEE IN PASADENA CALL (833) 307-0023



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www.drleend.com



TESTIMONIALS

Catharine Song – Google 5 star - Nov 6, 2021

Raymond is simply amazing!! They genuinely care for your safety and health that they performed the mold remediation and fog treatment THREE ADDITIONAL TIMES although the mold test passed after the first remediation process. Raymond told me he wanted to make sure my place is safe enough that he'd feel comfortable letting his grandchild play there. In the end the test result came back great! I feel so lucky to have met the Mold Zero team who are truly professional, responsive, punctual, and so personable and genuine. I highly recommend Mold Zero services



Sandra Ungerleider – Google 5 star - Dec 23, 2021

Raymond and his team were so fantastic. Compassionate about my problem and patient with me when I needed to decide what to do. I recommend Mold Zero highly!!



Karin K. in West Hollywood, CA

Project: Eliminate Toxic Materials or Mold

They were extremely good to work with. Kind, on-time, and open to answering any questions. Raymond has been amazing. I also feel very comfortable because their technology is high-end and I know the mold in my home is completely gone.

